



Scottish National Mirror Championships 2011

Sailing Instructions

1. Rules

- 1.1 Racing will take place under 'The Racing Rules of Sailing (RRS 2009 – 2012)' the prescriptions of the RYA, appropriate class rules, these Sailing Instructions and any amendments properly notified.

2. Conditions of Entry

- 2.1 Insurance / Liability. The safety of a boat and her entire management, including insurance against any risks including the responsibility to third parties shall be the sole and inescapable responsibility of the owner / competitor racing the boat.
The establishment of these sailing instructions in no way reduces the complete Responsibility of the owner / competitor for their boat and the management thereof.
The race organisers shall not be liable for any loss, damage, death or personal injury howsoever caused to the owner / competitor, the skipper or crew as a result of their taking part in any race.
Moreover, every owner / competitor warrants the suitability of their boat for the race or races and that they hold adequate third party insurance whilst racing.
- 2.2 Measurement Certificates. All boats should have a valid measurement certificate including sail and buoyancy endorsements as appropriate. The Race Committee may request that such certificates are presented prior to allowing any boat to participate in any race. Under special circumstances the Race Committee may allow a boat to race without a valid certificate or unmeasured sails, however, all such boats may be requested to demonstrate that they have adequate buoyancy prior to being allowed to participate in any race.
- 2.3 Adequate personal buoyancy shall be worn by all crew members at all times whilst afloat. Wet suits/ dry suits do not constitute adequate personal buoyancy. This alters RRS rule 40.

3. Notice to Competitors

- 3.1 The Official Notice Board will be located in the basement of the Lerwick Boating Club.

4. Changes to Sailing Instructions

- 4.1 Any changes to the Sailing Instructions will be posted on the Official Notice Board at least 45 minutes before the advertised start of the race.

5. Signals Made Ashore

5.1 Signals made ashore will be displayed on the flagpole on the Lerwick Boating Club pier.

6. Schedule of Races

6.1 A Race Briefing will be held in Lerwick Boating Club at 10:15 on Saturday 06 August 2011

6.2 Saturday 06 August – 3 races starting at 11:55 (All races sailed back-to-back)

6.3 Sunday 07 August – 3 races starting at 10:55 (All races sailed back-to-back)

6.4 One additional race per day may be sailed.

7. Racing Area

7.1 The racing area will be advised at the Race Briefing on Saturday morning.

8. Marks and Courses

8.1 The layout of marks and courses are shown on Appendix 'A'.

9. The Start

Racing will be started using RRS 26 with the warning signal made 5 minutes before the starting signal.

Signal	Flag	Sound	Minutes before start
Warning	Class Flag	1	5
Preparatory	P <i>or</i> Black	1	4
One-minute	P removed	1	1
Starting	Class flag removed	1	0

Times shall be taken from visual signals; the absence of a sound signal shall be disregarded.

9.2 Start Line: The start line will be between an orange flag on the committee boat and a outer limit marker

9.3 Individual Recalls: Individual Recalls will be in accordance with RRS 29.1

9.4 General Recalls: General Recalls will be in accordance with RRS 29.2

10. Finishing

10.1 Finish Line: The finish line will be between a blue flag on the committee boat and a outer limit marker

11. Time Limits

- 11.1 The time limit for each race will be 90 minutes. Boats failing to finish within 30 minutes after the first boat finishes or within the time limit which ever is the later may be scored 'Did Not Finish' (DNF). This changes RRS rule 35.

12. Protests

- 12.1 Protests shall be written on forms available from the Race Officer and lodged with the Race Officer within 60 minutes of the last boat finishing the last race of the day.

13. Scoring

- 13.1 All races will be scored using RRS A4 'Low Points System'

A boat that did not start, retired after finishing or was disqualified shall be scored points equal to one more than the total number of boats entering the series.

Ties will be broken by RRS Appendix A7 and A8, as applicable.

- 13.2 One race will constitute a series.

- 13.3 If 3 or less races have been completed, a boat's series score shall be the total of its race scores.

If 4 to 6 races have been completed, a boat's series score shall be the total of its scores excluding its worst score.

14. Radio Communication

A boat shall neither make radio transmissions while racing nor receive radio communications not available to all boats. This restriction also applies to mobile phones.

Bruce Leask

**Race Officer
August 2011**