



## ITCHENOR SAILING CLUB

### NOTICE OF RACE

#### MIRROR SOUTHERN CHAMPIONSHIPS

1<sup>ST</sup> June 2019

#### 1. RULES

- 1.1 The event will be governed by the rules as defined in The Racing Rules of Sailing (RRS).
- 1.2 The Itchenor Sailing Club (ISC) sailing instructions will apply and are available on the Club's website ([www.itchenorsc.co.uk](http://www.itchenorsc.co.uk)) and from the Club office on the day of the event. These change some rules in the RRS.
- 1.3 The ISC Sailing Instructions will be subject to amendments for the event. These amendments will be placed on the Club's website prior to the event and will also be available on the day.
- 1.4 The time limit in ISC sailing instruction 17.1 is amended to 2 hours.
- 1.5 The Exoneration Penalty (with the minimum penalty increased from two to three places) and the Advisory Hearing and RYA Arbitration of the RYA Rules Disputes Procedures will be available. These procedures can be obtained from the ISC Office and the RYA web site.

#### 2. ORGANISING AUTHORITY

The organising authority is Itchenor Sailing Club.

#### 3. ELIGIBILITY AND ENTRY

- 3.1 The event is open to all boats of the National Mirror Class.
- 3.2 Single handed entries will be accepted and will start and race with the double handed entries.
- 3.3 Eligible boats may enter on Saturday 1<sup>st</sup> June 2019 at the ISC Office.
- 3.4 Both helm and crew must be current members of the Mirror Class Association. Full membership can be purchased via Sailscore: <http://sailscore.apphb.com/mca/join.aspx>. Temporary membership may be purchased for one event per year at a cost of £5 per sailor either via Sailscore or at the ISC Office.
- 3.5 **Parent/Guardian Declarations:**  
All helms and crews who are under 18 years of age must submit consent and supervision forms signed by their parent or legal guardian. The form may be printed out and signed and submitted by post to ISC, or brought to the event registration. They can also be scanned to the club by emailing [sailing@itchenorsailingclub.co.uk](mailto:sailing@itchenorsailingclub.co.uk)

#### 4. FEES

- 4.1 The entry fee is £35 per double handed boat and £25 per single handed boat and should be paid online via Booking Bug: [Link here](#))

- 4.2 For boats visiting Chichester Harbour who have not already paid Harbour Dues, there is a £2.00 charge payable on top of the race fees. This can be paid to ISC alongside the entry fee and will be forwarded to the Harbour Master.

## 5. REGISTRATION and SCHEDULE

- 5.1 Registration will take place between 08.45am and 10.00am on Saturday 1<sup>st</sup> June at ISC. Please ensure that a signed consent form has been completed.
- 5.2 If available, boats must display event advertising supplied at Registration in the manner and position advised at Registration.

### 5.3 Dates of racing and programmed:

Date	Race	Warning Signal	HW	Height
01/06/19	First race of day	11:00	11:00	4.3

This schedule of races is indicative and will depend on weather conditions. The Race Committee aim to run four races back to back but reserve the right to run up to four races on the day to take account of weather conditions and anticipated weather conditions. All races run on the same day are expected to be held back to back.

- 5.4 The target time for the finish of the lead boat will be 45 minutes, with a time limit of 90 minutes for the last boat.
- 5.5 There will be a briefing for competitors in the vicinity of the Bandstand at 10.00am on Saturday 1<sup>st</sup> June 2019.

## 6. VENUE

- 6.1 The location of the event is Itchenor Sailing Club, Chichester Harbour, West Sussex PO20 7AG.
- 6.2 The racing area will be in Chichester Harbour.

## 7. SCORING

- 7.1 The Low Point System of Appendix A of the RRS will apply.
- 7.2 One race is required to be completed to constitute a series.
- 7.3 (a) When fewer than 4 races are completed, a boat's score will be the total of her race scores, with no discard.  
(b) 4 Races 3 to count

## 8. PRIZES

- 8.1 There will be keeper style prizes for the following:  
TBC
- 8.2 Prize giving will take place on the Club lawn after 15:00 on Saturday 1<sup>st</sup> June or as soon as possible after racing is completed.

## 9. ACKNOWLEDGEMENT OF RISK RISK STATEMENT

Rule 4 of the Racing Rules of Sailing states: "The responsibility for a boat's decision to participate in a race or to continue racing is hers alone."

Sailing is by its nature an unpredictable sport and therefore inherently involves an element of risk. By taking part in the event, each competitor agrees and acknowledges that:

- (a) They are aware of the inherent element of risk involved in the sport and accept responsibility for the exposure of themselves, their crew and their boat to such inherent risk whilst taking part in the event;
- (b) They are responsible for the safety of themselves, their crew, their boat and their other property whether afloat or ashore;
- (c) They accept responsibility for any injury, damage or loss to the extent caused by their own actions or omissions;
- (d) Their boat is in good order, equipped to sail in the event and they are fit to participate;
- (e) The provision of a race management team, support boats and other officials and volunteers by the event organiser does not relieve them of their own responsibilities;
- (f) The provision of support boat cover is limited to such assistance, particularly in extreme weather conditions, as can be practically provided in the circumstances.

## **INFORMATION FOR COMPETITORS**

### **1. BERTHING AND TRAILERS**

**1.1** Boats shall be kept in their assigned area on the ISC landing stage.

**1.2** Please note that the staging could get wet at high water so all gear and valuables should be left secure. Boats staying on the stage overnight should be tied down.

**1.3** Trailers must be manhandled from the road to the Club stage as vehicles are not permitted down the Club Lane. Parking for cars is available at the Harbour Conservancy car park (Pay & Display). Road Trailers may remain on the staging; however the staging may flood at high water Spring Tides.

### **2. CLUBHOUSE**

All competitors and their parents/guardians are invited to use the facilities of the Club, during their stay. They will be deemed to be temporary members for the duration of the event, and as such, shall abide by all the Club's rules and traditions. The clubhouse will be open until 23:00 on Friday 31<sup>st</sup> May and from 8:00 from Saturday 1<sup>st</sup> June.

### **3. DRESS**

It is recommended that valuables are not left in the changing rooms. Items of value may be deposited with the Office for safe keeping, at owner's risk.

### **4. ACCOMMODATION**

Accommodation in the Club is available, Please arrange with the office: 01243-512400.

### **5. CATERING**

The Buttery is open from 10:30 to 21:00 (bar to 23:00) on Friday 31<sup>st</sup> May and 08:15 to 21:30 (bar to 23:00) on Saturday 1<sup>st</sup> June and Sunday 2<sup>nd</sup> June. A Mirror Class supper for sailors and their families is planned for the Saturday evening. Please book and pay for this supper with the ISC Office by 5pm Friday 19th June. Further details will be available at registration.

### **6. FURTHER INFORMATION**

For further information please contact:

Itchenor Sailing Club, Itchenor, Chichester, West Sussex, PO20 7AG

Telephone: Office 01243 512400

E-mail: [office@itchenorsailingclub.co.uk](mailto:office@itchenorsailingclub.co.uk)

Website: [www.itchenorsc.co.uk](http://www.itchenorsc.co.uk)

# Parent/Guardian Consent and Supervision Form

This form is required for all participants aged under 18 years. It must be signed by the parent/ legal guardian of the young person and NOT their representative. Please complete one form per child. Please complete all sections in Block Capitals

## Dates applicable

From:	To:
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## Participant's details

First name	Surname/family name
Home Address	
Date of birth	Age

## Parent/guardian/person with legal responsibility

First name	Surname/family name
Relationship to child	
Home Number	
Mobile Number	

## Alternative Emergency Contact:

First name	Surname/family name
Relationship to child	
Contact number during sessions	

## Medical information

It is your responsibility to make known any disability/medical condition that may affect your child during the activity, and any medication that they may require. This information will be shared with those responsible for supervising the activity.

Has your child ever suffered from any of the following conditions: Asthma/bronchitis, heart condition, fits, fainting or blackouts, severe headaches, diabetes? YES / NO
If YES please provide details, including any specific medical advice to be followed in an emergency:

Is your child currently taking any medication?	YES / NO
If YES please specify:	

When did your child last have a tetanus vaccination?	Year:
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Is your child currently suffering/recovering from any injuries which may affect their sailing?	YES / NO
If YES please provide details:	

Does your child have any allergies that we need to know about?	YES / NO
If YES please provide details:	

Does your child have a disability, learning difficulty or medical condition which may affect their learning (ability to participate in practical or theoretical sessions)?	YES / NO
If YES please provide details:	

### **Declaration of parent or person with legal responsibility**

#### **Risk Statement**

Sailing is by its nature an unpredictable sport and therefore inherently involves an element of risk.

By allowing my child to participate in the event and racing I, the parent/guardian of the child mentioned above agree and acknowledge that:

- a) I am aware of the inherent element of risk involved in the sport and accept responsibility for exposing my child to such inherent risks;
- b) I have satisfied myself that my child has the necessary skill and knowledge to take part in the event and to deal with conditions that may arise in the course of a race
- c) I will not allow my child to participate in the event whilst under the undue influence of alcohol, drugs or whilst otherwise unfit to participate
- d) I am responsible for ensuring that the boat is in good order, equipped and insured (including third party insurance of at least £2 million) to take part in the event
- e) I am responsible for my child's property whether afloat or ashore;
- f) I accept responsibility for any injury, damage or loss to the extent caused by my own actions or omissions or actions or omissions of my child;
- g) the provision of a race management team, patrol boats and other officials and volunteers does not relieve me of my parental/guardianship responsibilities or my child of his/her responsibilities;
- h) the provision of patrol boat cover is limited to such assistance, particularly in extreme weather conditions, as can be practically provided in the circumstances;
- i) I consent to my child participating in drug testing procedures and if asked providing a urine sample under observation for analysis at an accredited laboratory
- j) My child is bound by the Conditions of Entry, Notice of Race, Sailing Instructions and Racing Rules of Sailing (save as amended by the Notice of Race or Sailing Instructions). I have explained them to my child, who understands and agrees to abide by them.

#### **Medical consent**

I give permission to administer any relevant treatment or medication to the above-named participant when or if necessary.

In an emergency situation I authorise the organisers to take my child to hospital and give my full permission for any treatment required to be carried out in accordance with the hospital's diagnosis. I understand that I shall be notified, as soon as possible, of the hospital visit and any treatment given by the hospital.

### Supervision

*\* delete one option as appropriate*

\* I will be responsible for my child throughout the event and during the time they are afloat. I will be available at the event venue.

\* I appoint the person named below, who has agreed to act in loco parentis. During this time, he/she will be responsible for my dependent and will be available at the Club.

### Consent for use of images

I grant to the organisers without payment the right in perpetuity to make, use and show any motion pictures, still pictures and live, taped or filmed television of or relating to the event.

I have read and understood the Conditions of Use overleaf

I agree to notify the Club of any relevant changes in my child's circumstances.

I confirm that my child is not under a court order.

Signed: (participant) .....

Signed: (parent/guardian).....

Name: (please print) ..... Date: .....

Signed: (person appointed in loco parentis) .....

Name: (please print)..... Date: .....

Contact telephone/mobile: .....

### Conditions of Use of photography or video

In accordance with our child protection policy, Itchenor Sailing Club will not arrange for photographs, video or other images of young people to be taken or published without the consent of the parents/guardians and children. We will abide by the Conditions of Use below. If you have any concerns about the way images are being used, you should inform the Club Secretary immediately.

1. We will normally only identify a child by reference to the child's first name.
2. We will not use personal details or full names (ie. first name and surname) of any child to accompany a photographic image on video, on our website, in our organisation brochure or any other electronic or printed publications without good reason. 'Good reason' includes using the full name of a child in a newsletter to organisation members if the child has won a trophy or award.
3. We will not include personal email or postal addresses, telephone or mobile numbers on video, on our website, in our organisation brochure or in other electronic or printed publications.
4. We may use group photographs or video with very general labels, such as 'Mirror Training Week'.
5. We will only use images of children who are suitably dressed, to reduce the risk of such images being used inappropriately.
6. Photographs or video may be used for coaching purposes or by officials during competition to illustrate incidents on the water.

Commercial sale of any form of media will be limited to the organisers or their official photographer.