



CARSINGTON SAILING CLUB

SAILING INSTRUCTIONS FOR THE MIRROR DINGHY NEIL PRYDE JUNIOR CHAMPIONSHIPS

Saturday 14th and Sunday 15th March 2015

1 RULES

1.1 Racing will be governed by the "Rules" as defined in the Racing Rules of Sailing, the Notice of Race, and these Sailing Instructions. In the event of there being any conflict between the aforementioned, these sailing instructions will take precedence at all times.

1.2 The event will be designated category C in accordance with ISAF Reg.20

2 Not in use.

3 Notice to Competitors

Notices to competitors will be posted on the official Notice Board in the clubhouse.

4 Changes to Sailing Instructions.

4.1 Any changes in the sailing instructions will be posted one hour before the advertised starting time of the race or races concerned.

4.2 Changes in the Sailing Instructions will be signalled by displaying flag "L" from the flagpole. When no further changes have been made Flag "L" will be lowered after the start of the last race of that day.

5 Signals made Ashore

5.1 When flag AP is displayed ashore "1 minute" is replaced with "not less than 30 minutes".

6 Schedule of Races

The race times are scheduled as per the Notice of Race.

7 Class Flag Signals

Mirror Class Flag (AP6).

8 Racing Area

The racing area will be announced at the briefing.

9 The Courses

- 9.1 The course will be triangle/sausage format. The order of rounding of marks and the number of laps will be as shown on the course board displayed at the briefing. When "line" is included in the course boats will pass between the committee boat and the end of line mark on each lap.
- 9.2 The race officer will disqualify boats seen by the race team to have sailed the wrong course, including missing the line when set as part of the course.

10 Number of Rounds Each race will last for approx. 40 mins. for the leading boat.

11 The Marks The course marks will be specified in the briefing.

12 The Start

- 12.1 Races will be started by using RRS 26 with the warning signal given 5 minutes before the start signal. (5 4 1 Go).
- 12.2 The start line is defined as the line between the mast displaying an Orange flag on the committee boat and an end of line mark flying a flag from its mast.
- 12.3 A boat starting later than 5 mins. after her start will be scored DNS.

13 Change of Position of the Next Mark

To change the position of the next mark, the race committee will move the original mark to a new position or replace it with another mark. If significant, the change will be signalled before the leading boat has begun the new leg, although the mark may not yet be in its new position. The direction it has been / will be moved will be signalled by the boat at the previous mark showing Red for movement to Port and Green for movement to Starboard. Any mark to be rounded after rounding the moved mark may be relocated without further signalling to maintain course configuration.

14 The Finish

- 14.1 The finish line will be between the mast displaying a blue flag on the committee boat or a RIB, and the end of line marker or other mark of the course.
- 14.2 At the discretion of the race officer he may sail backwards through the fleet noting each boat's position and finishing each boat at that time.

15 Time Limit

The time limit will be 60 minutes. Boats failing to finish within 20 minutes after the first boat finishes or within the time limit, whichever is later, will be scored "DID NOT FINISH". This changes RRS 35 and A4.

16 Protests and Requests for Redress

- 16.1 If competitors wish to protest they shall inform the committee boat on the water after completing that race, that they intend to lodge a protest.
- 16.2 Protests shall be written on forms available at the race control desk and delivered there within 30 minutes of the last boat finishing the race, or if races are sailed "back to back" within 30 minutes of the finish of the last of the "back to back" races

16.3 The closing time for receipt of protests will be posted on the notice board and protest hearings will commence as soon as possible thereafter. The protests to be heard will be posted on the notice board at the end of the protest time limit.

17 Scoring

17.1 Low Point scoring system of Appendix A will apply.

17.2 Series ties will be broken using rule A8.1 and A8.2.

17.3 One race to be completed to constitute a series.

17.4 If three or less races are sailed then there will be no discards

17.5 If four or more races are sailed then one race will be discarded

18 Safety Regulations

18.1 Adequate personal buoyancy shall be worn at all times when afloat. This amends Rule RRS40. Neither a wet suit nor a dry suit constitutes adequate personal buoyancy.

18.2 When the race committee considers that a boat or competitor is in difficulty it may instruct the boat or competitor to accept outside help, retire or sail ashore.

19 Declarations

19.1 Signing on before each race will not be necessary although it will be necessary to have entered the series to be eligible to start a race.

19.2 A declaration sheet will be displayed near the official notice board which must be signed with in 30 minutes of the last boat finishing in each race ONLY by competitors who have retired.

20 Equipment and Measurement Checks

20.1 Before a boat is eligible to race, if applicable for her class, her valid measurement certificate and buoyancy test certificate may be required to be presented. If the measurement certificate is not available then RRS 78.2 applies.

20.2 Boats may be measured before or after any race at the discretion of the Race Committee.

21 Disclaimer of Liability

Competitors participate in the regatta entirely at their own risk. (See RRS 4. "Decision to Race".) The organising authority will not accept any liability for material damage or personal injury or death sustained in conjunction with, prior to, during, or after the regatta.

22 Insurance

Each participating boat shall be insured with a valid Third Party Liability Insurance with a minimum Cover of £3 million.

23 Rights to use Names & Likenesses

Competitors and / or their Guardians automatically grant to the organising Authority (and any party to which they may delegate this right), without payment the right in perpetuity to make, use and show (including via the internet), any motion pictures, still pictures, live, taped or filmed television, or any other form of media, of or relating to the event.